

Module 29 - Personality and Communication Problems

A - I HAVE THIS PROBLEM

B - I DO NOT HAVE THIS PROBLEM

C - I AM NOT SURE WHETHER I HAVE THIS PROBLEM

1. I have inferiority complex. _____
2. I am not able to speak freely to strangers. _____
3. I think I do not have presentation skills. _____
4. I do not have good habits. _____
5. I feel guilty sometimes. _____
6. I am often confused. _____
7. I do not have people to guide me. _____
8. I have financial problems in my family. _____
9. I do not know how to improve my communication skills. _____
10. I do not have good books to read in my house. _____
11. My parents do not understand me. _____
12. I belong to rural background and therefore lack in awareness about the advance developments of the society. _____
13. I am finding it difficult to read English books. _____
14. My reading habit is bad. _____
15. I do not have good friends. _____
16. My eating habits are poor. _____
17. I am afraid of travelling alone. _____
18. I feel I am not studying in a good institution. _____
19. I feel I do not have a good personality. _____
20. I think my present environment is not good for my development. _____
21. I am afraid I cannot come up in my life. _____
22. I am not able to find out good opportunities. _____
23. Other people are saying I do not have good manners. _____
24. I am comfortable only with my friends and relations. _____
25. I do not know how to develop new skills. _____
26. I feel other people are cunning and shrewd. _____
27. I want to become successful in my life but I do not know how to achieve it. _____
28. I am wasting a lot of time. _____
29. I often feel lazy. _____
30. While studying I lack concentration. _____
31. I do not know how to set goals in my life. _____
32. I do not have good leisure time activities. _____
33. I want to be alone always. _____
34. I do not have leadership qualities. _____
35. I do not like my family. _____
36. I lack self-confidence. _____
37. I do not have thinking skills. _____
38. I am not able to convert my knowledge into useful things. _____
39. I do not know how to work with computers. _____
40. I think earning money is not a good idea. _____
41. I hurt others. _____
42. I am strong in my mother tongue but not in English. _____
43. I always fight with others. _____
44. I lack basic facilities in my house. _____

45. I want to earn part time income while studying, but I do not know what to do. _____
46. I do not like my country. _____
47. I think our country has many problems therefore it is not developing. _____
48. I think I will not be suitable for a good job. _____
49. My body language is bad. _____
50. I am not prepared to be flexible or ready to modify my behaviour in order to accomplish my career goal. _____
51. I do not know how to identify good companies. _____
52. I am not able to speak confidently with my friends. _____
53. I am always worried about my future. _____
54. I do not read newspapers. _____
55. I lack General Knowledge. _____
56. I think I have not selected a right school/college. _____
57. I like to help others but I do not have any idea. _____
58. I lack self-motivation. _____
59. I do not have problem solving skills. _____
60. I feel I lack discipline. _____
61. I am not realistic. _____
62. I have negative mental attitude. _____
63. I do not participate in extra curricular activities. _____
64. I do not have the habit of listening to others. _____
65. I am always dependent on others. _____
66. I am afraid of challenges. _____
67. I do not like exams. _____
68. I am not getting good marks. _____
69. I am not able to analyse my strengths and weaknesses. _____
70. I do not know what additional skills are required for my development. _____
71. I do not want to go for a job; I want to become self employed but I do not know how to become self employed. _____
72. I want to work only in metro cities. _____
73. I am afraid whether my parents will allow me to go out of my town for a job. _____
74. I do not know how to prepare a biodata. _____
75. I want to work for a social career but know awareness about the existing opportunities. _____
76. Others are expecting more from me than what I can give. _____
77. I do not have good study habits. _____
78. I have not achieved anything in my life so far. _____
79. I often undergo pressure and stress in my work. _____
80. I have the following problems

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|--------------------------------------|--|
| <input type="checkbox"/> Irritation | <input type="checkbox"/> Lack of integrity |
| <input type="checkbox"/> Closed mind | <input type="checkbox"/> Selfishness |
| <input type="checkbox"/> Anger | <input type="checkbox"/> Lack of values |
| <input type="checkbox"/> Frustration | <input type="checkbox"/> Blaming others |
| <input type="checkbox"/> Shyness | |
| <input type="checkbox"/> Greed | |